



FAMILY SUPPORT CENTER

PROVIDING COUNSELING AND EMOTIONAL SUPPORT
TO HELP CHILDREN AND FAMILIES
COPE WITH GRIEF AND LOSS

THE FAMILY SUPPORT CENTER HELPS...

CHILDREN AND FAMILIES FACING DEATH,

LIFE-THREATENING ILLNESS OR INJURY,

OR INCARCERATION

- The death of a family member or close friend - whether caused by accident, illness, murder, or suicide - challenges the coping skills of children and parents and can cause later emotional problems if it is not talked about when it occurs. Feelings of numbness and anger can seem overwhelming. Adults who are dealing with their own sense of loss often find it difficult to respond to children's questions and needs. Normal grief, which differs for children and adults, is less painful when there is someone to share it.
- Family members worry about what they should tell children about the life-threatening illness or injury of a loved one. When is it too early or too late to talk? Parents hope to protect children from the pain of possible loss. There are words and ways to share feelings and information.
- When one of its members is jailed, the whole family is confronted with a crisis. Grief and mourning are complicated by the many other feelings that accompany such a loss. Children's behavior changes to reflect their distress. Both children and adults need to talk about what to tell their friends, how to handle visiting, and how they want to shape the future.

GROUPS OF CHILDREN WHEN A FRIEND DIES

- Schools and community groups are important bases of support for children when a classmate, group member, or friend dies or is terminally ill. The Family Support Center's Good Grief Program offers consultation, resource materials, and training to teachers, administrators, group leaders, parents, and others about ways to respond to the needs of surviving children.

The Family Support Center offers counseling and emotional support to help people who are facing grief and loss stay psychologically healthy. Early intervention with children and families dealing with death, dying, or incarceration can prevent the development of later mental health problems. Our staff of mental health professionals likes to meet with families as soon as possible after one of these crises occurs. Fees for services are based on a family's or group's financial situation and may be covered by health insurance or Medicaid. For further information, call the Family Support Center at (617) 232-8390 between 9 a.m. and 5 p.m. on weekdays.

THE FAMILY SUPPORT CENTER HELPS CHILDREN AND FAMILIES WHO ARE FACING...

- THE DEATH OF A CHILD, PARENT, RELATIVE, OR CLOSE FRIEND
- THE LIFE-THREATENING ILLNESS OR INJURY OF A LOVED ONE
- THE INCARCERATION OF A FAMILY MEMBER

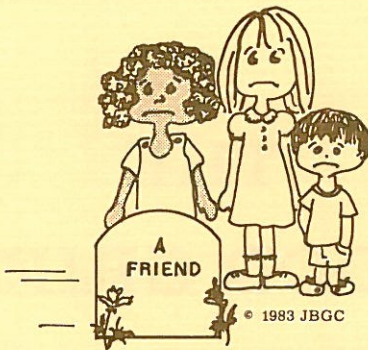
FAMILY SUPPORT CENTER
JUDGE BAKER GUIDANCE CENTER
295 LONGWOOD AVENUE
BOSTON, MASSACHUSETTS 02115
(617) 232-8390

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HELPING SCHOOLS AND COMMUNITY GROUPS BECOME A
BASE OF SUPPORT FOR CHILDREN WHEN A FRIEND DIES

What do you do when a child dies or is terminally ill?

How do you help his or her friends cope with the death?

What questions are predictable?

What role is appropriate for your school or community group?

What are the needs of the children, staff, administrators, and parents?

In what ways are the concerns different if a child's death is...

Anticipated?

Unexpected?

Caused by suicide?

The result of murder?

An outcome of family violence?

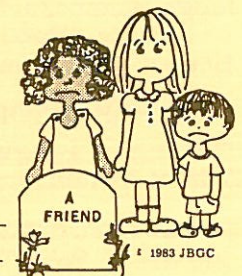
Witnessed by his or her friends?

At a school or group event?

The Good Grief Program promotes coping and prevents the development of emotional symptoms and problems in groups of children and adolescents who are "at risk" because of the recent death or terminal illness of a friend.

THE GOOD GRIEF PROGRAM

- Provides crisis intervention to schools and community groups to help children and adolescents when a friend is terminally ill or dies.
- Offers consultation to teachers, administrators, group leaders, parents, and others about ways to respond to the needs which arise when a child is terminally ill or dies.
- Trains staff selected by schools and community groups to assist these groups in developing their own capacity to respond to the friends of children who are victims of sudden or anticipated death.
- Prepares and distributes resource materials including annotated bibliographies of books and films for use with children, descriptions of developmental stages in children's understanding of death, information about behaviors which may indicate a child's need for special help with grief and loss, suggestions for school or group activities which may help young people deal with their loss and commemorate the life of a friend, and information about cultural rituals and customs for dealing with death.
- Maintains a resource library of films, books, and other materials which may be borrowed by schools and groups that have used The Good Grief Program.
- Assists schools and community groups in enlisting the help and support of resources that can assure the continuation and success of the program.
- Develops, evaluates, refines, and shares information about The Good Grief Program as a model which can be replicated to provide similar services in other parts of the country.



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FEES FOR SERVICES

Fees for consultation and crisis intervention services are billed at an hourly rate. Registration fees for workshops and seminars are indicated on the announcement for each program. Resource materials such as annotated listings of books, films, and other media resources will be provided without any additional charge when The Good Grief Program provides consultation or crisis intervention.

The Good Grief Program expects schools and community groups to meet the cost of services to the greatest extent possible. We believe it is essential that such groups include adequate funds for mental health services—both preventive and therapeutic—in their budgets and will be happy to work with groups to achieve this goal.

If adequate funds are not currently available to meet the full cost of The Good Grief Program services a school or community group needs and wants, we encourage the administrator to write to Dr. Sandra Fox, ACSW, Director of The Good Grief Program, to request a waiver of part or all of the fee.

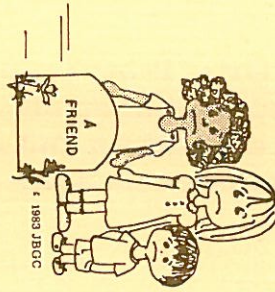
The Good Grief Program needs support from local and national foundations, corporations, civic groups, and other funding sources to insure that its services will be available to all groups, regardless of their ability to pay. We welcome the assistance of school administrators, faculty, program directors, group leaders, parents, and others who believe in the Program's objectives as we look for funding and contributed services.

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A PROGRAM OF THE
Family Support Center
Judge Baker Guidance Center
295 Longwood Avenue
Boston, Massachusetts 02115

CO-SPONSORED BY
The Junior League of Boston
School Volunteers for Boston

FOR MORE INFORMATION CONTACT
Sandra S. Fox, Ph.D., ACSW
Director-Family Support Center
(617) 232-8390

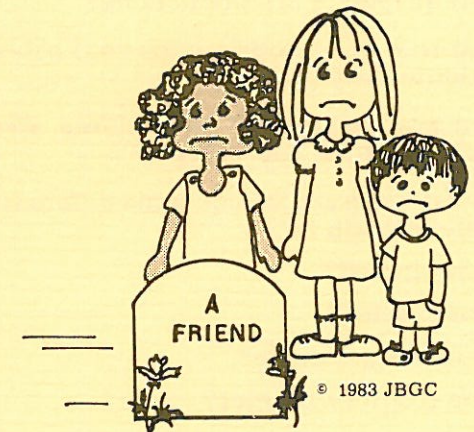


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THE GOOD GRIEF PROGRAM

HELPING SCHOOLS
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BECOME A BASE OF SUPPORT
FOR CHILDREN
WHEN A FRIEND DIES



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A PROGRAM OF JUDGE BAKER GUIDANCE CENTER

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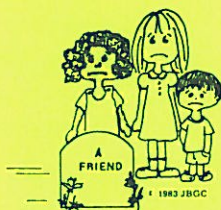
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PRESENTS

Helping Young Children Cope With Death

A Morning Workshop Led By Sandra S. Fox, Ph.D., ACSW
Director - The Good Grief Program
Judge Baker Guidance Center--Boston

Saturday - November 3, 1984

9:00am to 12:30pm

Registration Fee: \$20

National Center for Death Education

656 Beacon Street, Boston (2nd fl.)

(At Kenmore Square)

The death of a family member or friend is a crisis for young children. While there is the danger that they will be overwhelmed by such an event, there is also an opportunity to help youngsters develop the ability to cope with loss and grief. This workshop will feature a presentation on what we know about children's understanding of death, a showing of the new Good Grief Program puppet videotape The Death of a Friend: Helping Children Cope With Grief and Loss, and an opportunity to discuss specific ways to help bereaved children.

To register, please complete the tearslip below and mail it with \$20 to Dr. Sandra Fox; The Good Grief Program; Judge Baker Guidance Center 295 Longwood Avenue; Boston, MA 02115. Make checks payable to Judge Baker Guidance Center. For further information, call the Good Grief Program at (617) 232-8390.

I would like to register for the workshop HELPING YOUNG CHILDREN COPE WITH DEATH. (Please enclose registration fee of \$20.)

NAME: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

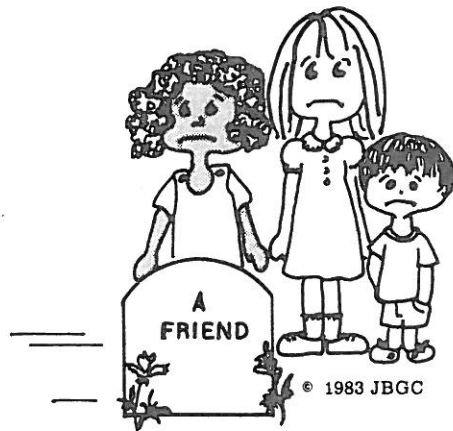
WORK PHONE: _____ HOME PHONE: _____

WHERE DO YOU WORK WITH YOUNG CHILDREN? _____

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